



Annual Performance Report

2022 – 2023

Easy Read Version





made with
photosymbols®

Fife Health
& Social Care
Partnership



Annual Performance Report 2022-23

This Easy Read document is about **Fife Health and Social Care Partnership's Annual Performance Report**.



An **annual performance report** tells us about the good things that an organisation has done over the last year.

This annual report is for **2022 to 2023**.

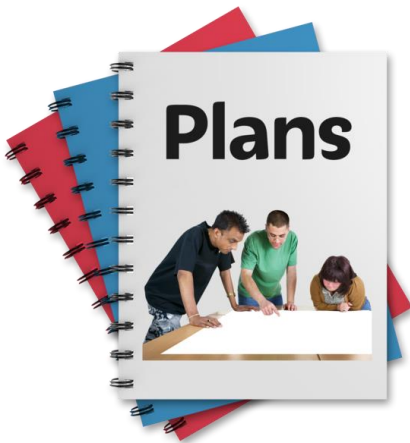


There may be some words you don't know in the document. When you see them for the first time they will be in **bold**.

There is a word list with the meanings of these new words at the end of the document.



This **annual performance report** is linked to our **strategic plan**.



A **strategic plan** is a document which sets out what the Partnership wants to do over a few years.



The purpose of our **strategic plan** is to help the people of Fife to be able to live independent and healthier lives.

Usually our plans go well and we do improve our health and social care services.



Sometimes changes might take longer because our staff are working on other things.

For example the coronavirus pandemic and the **cost-of-living crisis** have both changed the way that we do things.



More than 374,000 people live in Fife.

Over time the number of older people living in Fife will increase.

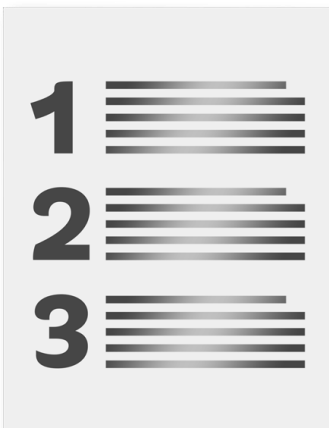


Fife is divided into 7 areas. These are called localities.



The 7 localities are:

1. Cowdenbeath/Lochgelly
2. Dunfermline
3. Glenrothes
4. Kirkcaldy
5. Levenmouth
6. North East Fife
7. South West Fife



Each locality decides which services are most important to them. Everyone has a chance to get involved.

Locality teams work hard to support the people who live there.



The law in Scotland says that **Fife Health and Social Care Partnership** has to consider equality.

Equality Act 2010



This means making sure that everyone is treated equally and fairly.

Everyone has the same chances to do what they can. Some people may need extra help to get the same chances.

We have 5 equality **outcomes** which help us to promote equality across Fife.



1. good use of equality data to support services
2. more chances for people to get involved
3. better working with equality groups
4. more employees from different backgrounds and cultures
5. better understanding between different groups



You can find out more on our website:
www.fifehealthandsocialcare.org



The **Integration Joint Board** makes decisions for the Health and Social Care Partnership.

The person who leads **Fife Integration Joint Board** is Arlene Wood.



Fife Integration Joint Board also includes people from:

- Fife Council
- NHS Fife
- other local care providers
- members of the public



Nicky Connor is the Chief Officer of **Fife Integration Joint Board**. Nicky is also the Director of Health and Social Care.

Nicky leads the **Senior Leadership Team** to deliver services across Fife.



The **Senior Leadership Team** oversee the daily working of the Partnership.

They are all experts in different areas and lead teams with specialist skills.



We want to improve health and social care services for the people of Fife.

Over the last year we have worked with lots of different people to do this.



Fife Health and Social Care Partnership includes employees from:

- Fife Council
- NHS Fife
- voluntary sector
- other local care providers



They work together to deliver services.

This is known as health and social care **integration**.



The next pages include some of the good things that we have done in the last year.



Local

We want Fife to be a place where people and communities thrive.

These are some of the **Local** things we have done over the last year.



The Well provides help and support for people. We have 9 places in Fife where you can visit the Well.

You can also phone or email the Well if you want to talk to someone.



We have set up groups to help new mums and mums-to be. For example, the Levenmouth Family Events Calendar.

People can use the calendar to join groups, classes and events for new and young families.



Peace of Mind have set up new friendship groups across Fife.

All adults with a disability can join the groups. People can go to the cinema, play golf, or go swimming. There are many activities to do.



Sustainable

We want our services to work well and be inclusive.

These are some of the **Sustainable** things we have done over the last year.



We have improved services for people living with **Parkinson's Disease**.

We have helped people who had problems with their voice.



The Short Breaks Team have arranged overnight breaks for people and their carers.



We have set up sleep clinics in some schools. This has helped children who had problems with poor sleep.



Wellbeing

We want services in Fife to act quickly to support people.

These are some of the things we have done to improve **Wellbeing** in the last year.



We have set up a text messaging service for young people. Through this people can find help when they need it.



Food champion training has helped some people to eat better and to save money. This also helps their wellbeing.



We have improved our service for people who need extra help with their feet.

People can now receive help much quicker.



Outcomes

We want Fife to be somewhere that promotes dignity, equality and independence.

These are some of the **Outcomes** from this year.



We have helped some people find new medicines and treatments.



Extra social workers have joined the Partnership so that we can help more people.



We have set up more **digital services** for people. This means people can speak to a doctor online if they need to.

Integration



We want Fife to be somewhere people and services work together.

We want people to have access to quality services.

These are some of the examples of **Integration** from over the last year.



More workers have joined the team that supports **veterans**. We have also arranged groups so that **veterans** can meet up and chat.



A new process has been set up for care providers. This helps different providers work well together.

We provided extra payments for care employees during the winter. This helped support our workers and ensured that people continued to receive high quality care.



We have built a new care village in Methil.

This includes a nursery for children and homes for older people.



An **inspection** is when people come to look at what is good and what is not good about a service.

In 2022 there was an **inspection** of services for adults in Fife.

The inspectors said that **Fife Health and Social Care Partnership** was good at:

- providing services that improved people's lives
- listening to people and carers and treating them well
- providing a key contact for people
- recovering from the pandemic
- supporting staff to work well together

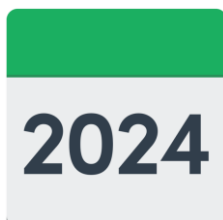


The inspectors said that **Fife Health and Social Care Partnership** was not good at:

- joining up key **processes**
- using **anticipatory care plans**
- developing a new strategy (plan) for **prevention and early intervention**



We will continue to work on these things over the next year.





Health and social care services are responsible for making the best use of the money they have. These are called **budgets**.



Our **budget** shows the amount of money we have and the things that we need to buy.

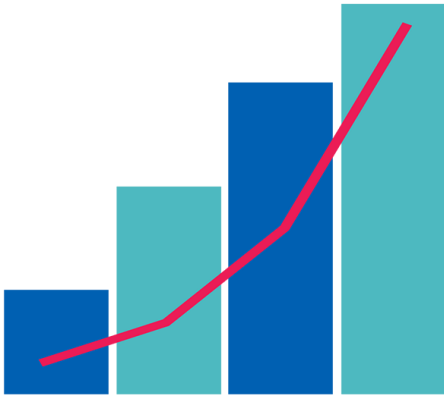
It also shows where we need to make savings on spending.



Over the last year we have watched our budget very closely. This has helped us to keep delivering good health and social care services.



We will keep measuring our budgets closely over the next few years. This will help us to manage our services well in the future.



The Scottish Government has a set of **national performance indicators**.

These can be used to measure Fife's performance.

Areas where Fife is performing well include:

- the number of adults who can look after their own health
- the number of adults who can live at home independently
- the number of people who have a say in how their care is provided
- the number of adults who feel safe at home



Areas where we still have work to do include:

- visiting the local doctor's practice
- supporting carers
- going to hospital in an emergency



**Fife Health
& Social Care
Partnership**



Supporting the people of Fife together

You can find out more on our website:
www.fifehealthandsocialcare.org

What the words mean.

Annual Performance Report	An update on the things that an organisation has done over the last year.
Anticipatory Care Plan	A plan which includes the things that matter most about your care in the future.
Budget	The money you have to spend on things you need.
Cost-of-living crisis	When the amount you have to pay for the things you need keeps going up.
Data	Facts and numbers about people, places or things.
Digital services	Online services such as video calls or forms that you can complete on a phone.
Health and Social Care Partnership	When the local council and local NHS work together to deliver services.
Inspection	An inspection is when people come to look at what is good and what is not good about a service.
Integration	Working together to deliver health and social care services.
Integration Joint Board	The Integration Joint Board makes decisions for the Health and Social Care Partnership.

What the words mean.

National performance indicators	How we measure the things that are important for people's care.
Parkinson's Disease	Parkinson's Disease can cause shaking or make it hard for someone to walk or talk.
Prevention and early intervention	Doing things early to help people stay healthy and well.
Processes	A list of steps that you take to provide good services.
Senior Leadership Team	The people who make sure that the Partnership does a good job.
Strategic Plan	The things that an organisation wants to do over a few years.
Outcomes	Something that you want to happen at the end of an activity.
Veterans	People who have worked in the armed forces. This includes the army, navy and air force.